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खण्ड–A / Section–A

उम्मीदवारों को इस भाग में लिखना मना है। Candidates must not write on this margin

Q.1 Gender Equality is not a "women's issue"-it's good for men too.
लैंगिक समानता सिर्फ़ "महिलाओं का मुद्दा" नहीं है – यह पुरुषों के लिए भी बेहतर स्थिति है।

Q.2 Is UCC, the unity that we aspire in our diversity?
क्या समान नागरिक संहिता वही एकता है, जिसकी हम अपनी विविधता में आकांक्षा करते हैं?

Q.3 Problems of 21st century are problems without passport.
21वीं सदी की समस्याएँ सीमाविहीन वैश्विक समस्याएँ हैं।

Q.4 The more we are developing, the more unhealthy we are getting. Where does the real problem lie?
हम जितने अधिक विकसित हो रहे हैं, उतने ही अधिक अस्वस्थ होते जा रहे हैं। वास्तविक समस्या कहाँ है?

3. Problems of 21st century are problems without passport.

It was a fine sunny day in a busy market in a city of china. A mid aged person was rushed to a hospital for some unheard of illness. He had got some new virus. The city was Wuhan and it was last month of 2019.

Hardly after 2 months, the virus was everywhere, both in news and into the bodies of people. More than half of the world had to be locked down for that tiny COVID-19 virus.

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Cut back to 1600 A.D. the medieval period, there was same virus, people rushed to hospitals (Vaidya/Hakims). But it had neighter ~~en~~ created a havoc in the world of people neighter in the world of news.

The above illustration depicts how the nature of problems has changed from older times to now and how these problems no longer need a passport.

Going forward we will try to look into the questions like, what are the problems of 21st century? why have they become universal and how can we get heads on with them.

Problems of 21st century :- Multifaceted, omnipresent and overwhelming

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Firstly, let's take a look at the nature of these problems. These problems range from individual to international, from health of individuals to health of nature, from peace within mind to peace within society.

For instance, the issue of climate change. It is becoming more and more dark every passing day. So much so that its reaching and knowking our doors. The recent Delhi floods must be a stark reminder of it. The constant heat waves, increasing number of cyclones have become norms now. And moreover they are no longer confined to countries alone.

The floods were in Delhi, but also in Pakistan, also in Europe. The heat waves

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were seen in the usually cold parts of USA and even the Britain.

As if the deteriorating health of our mother nature was not enough, we now face the problem of deteriorating human health, both physical and mental. That too, doesn't follow any boundaries.

Mental health issues were earlier considered to be a western phenomenon. But recent NFHS-5 survey has revealed that around 17% of Indians battle some or other forms of mental health issue. Not only that, we're also observed that these issues are now slowly crawling into the lives

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of indigeneous people, who are generally considered to be happy people. It's really a grave situation.

Disturbed mind leads to disturbed surroundings. This is what exactly we're seeing in the form of rising menace of hate speech and subsequent violence. Across the borders.

Intolerance is becoming a new norm for many. The unfortunate killing of Japanese PM Shinzo Abe by a gunman came to many as a shock. On the other side of the world, writer Salman Rushdie was attacked where he had to loose his one eye.

This globalisation of unhealthy practices is the biggest challenge in front of humanity now.

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Till now we tried to understand the omnipresent nature of the problems of ~~see~~ 21st century. Now let's see why do they no longer need a passport?

New age problems: Why global citizens?

To start with, interconnected nature of societies, economies and people across the world is simplest reason for it.

Today news reaches from one part of the world to other in seconds with mediums like X (formerly twitter), whatsapp etc. With that news it might also sometimes bring hatred and negative tendencies.

As with news so with the newsmakers. The people. India's foreign

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minister Dr. S. Jaishankar in an interview said, "The world borders are now like membranes. You can move in and out of them the way you want. The whole world has now become our workplace and not just one county."

This swift mobility for people means, everything reaches everywhere. Including problems.

Incidentally, this movement of people has also resulted in integration of global economic systems. Thus, the Russia-Ukraine war no longer remains their regional issues but also impacts the economies of Britain, and Srilanka.

The global supply chains have become so interconnected nowdays that

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the water shortage in Taiwan (and its impact on semiconductor chips) led to shortage of vehicles in India.

Even the economic problems are becoming similar due to this. The recent protests by hollywood screenwriters and the protests in India by unemployed youth both resonate the same feeling of economic uncertainty despite being seperated by thousands of kilometeres.

So we witnessed how the new age problems have become citizens of global village. But are there no localites remaining ? Is every problem everywhere ?

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उम्मीदवारों को इस भाग में लिखना मना है। Candidates must not write on this margin

"Some" problems only at "some" places

For instance, the problem of population decline is confined to some developed countries only. For instance Japan is increasingly seeing the trend of single families. A recent survey showed that 1/3rd of today's 18 years old will not opt for childrem.

On the other hand India recently became the most populous county supassing china.

But expests also argue that sooner or later these problems will engulf the whole world. So we shall be ready.

So, how to be ready for these problems? How to sleeve up for the global settlors? (who don't even payrent!)

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Together we can

Global problems require global solutions. A collective and collaborative effort will be required to solve these issues.

For instance, we have created institutions like UNFCCC to solve the issues of climate change and its impact. It was heartening to see the global leaders coming together and pledging for the climate change mitigation.

For economic crisis, institutions like G20, IMF & world bank are our great achievements. But in order to find swifter solutions, we need to empower these

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उम्मीदवारों को इस भाग में लिखना मना है। Candidates must not write on this margin

institutions further.

To solve the issue of mental health crisis. India has already given mantras of Yoga and meditation. Many organisations in India are already providing the services ~~to~~ abroad.

Today with the media of youtube, it has been even more democratised.

The issue of COVID-19 mentioned at the start had a local origin but global connotations. But as a world we together conquered it. India did its part with vaccine maitri initiative. It showed us the power of cooperation and collective will. That is the thing which will help us sail through the emerging problems of 21st century.

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It can be reiterated from following lines from book "Game of Thrones."

"When the white winds blow,
A lone wolf dies,
But a pack of them
Survives."

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खण्ड–B / Section–B

उम्मीदवारों को इस भाग में लिखना मना है। Candidates must not write on this margin

Q.5 Our Tryst with Space
अंतरिक्ष के साथ हमारा मिलन

Q.6 Is Internal Security always an Internal Challenge?
क्या आंतरिक सुरक्षा को हमेशा एक आंतरिक चुनौती माना जा सकता है?

Q.7 Sports, the toy of humanity
खेल, मानवता का खिलौना है।

Q.8 Is Economy becoming the end rather than the means?
क्या अर्थव्यवस्था साधन के बजाय साध्य बनती जा रही है?

7. Sports, the toy of humanity

64 boxes, black and white. 32 pieces, black and white. Two timers, water bottles. On one side a young boy in his late teens, on the other side a legend in his 30s. And not to miss the proud mother of that young boy sitting in one corner. The whole world watching the battle between the two.

The above depiction of recent final

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between world Champion Magnus Carlson and the rising chess star of India Praggnanda might look like unimaginable, uncomprehendable thing for the uninitiated.

But, this is how humanity made the world of sport into a toy. The Similar battles would also be fought in the times of Napolean and Ashoka with real horses and knights. But today they are replaced by their wooden images and we watch the battles with same enthusiasm and intensity.

Sports has always been an integral part of human lives and has become more so today. The images on the walls

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उम्मीदवारों को इस भाग में लिखना मना है। Candidates must not write on this margin

of Bhimbetka show how, hunting was once considered a sporting activity (which continued till colonial rule in India). The Olympics finds its roots in the games being played in the Athense city. The art of fencing, once the centre past of all battles, has now taken a form of a sophisticated sport. All these a testimony of how the humans have utilized the sports as a toy.

To understand it further, let's first understand what is a toy and how do we use it. A toy is a thing or activity which we humans use for leisure. To relax and rejuvenate our minds from the mundane routines of

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our daily lives. Isn't it same with Sports? Sports rejuvenates us, relaxes the mind. It takes us away from the recurring problems of our daily lives. To a kind of a soothing place.

Interestingly, if one observes children closer, one would understand, how having a new toy helps children make new friends. In a kindergarden, a child with a new cycle might easily make friends by giving rides to them turn by turn. Same goes with the sport. It helps us make new friends and also to deepen already existing friendships.

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उम्मीदवारों को इस भाग में लिखना मना है। Candidates must not write on this margin

This is exactly the logic behind the nations using sports as a means for better international relations. Friendly spost matches lead to harmony between countries.

On the other hand it also helps them to diffuse the sentiments the people may have against other county. I wonder if people don't have a feeling of catharsis after a high voltage India Pakistan match.

Another use of toys is value inculcation. When children play with kitchen toys. Do small activities they learn a lot about values of equality and equal division of Work. (For instance in Japanese schools.)

A similar function is achieved through the means of sports. Wherein we learn

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the values like co-operation, sportsmanship and team spirit. Even in corporate world, first few induction days are full of such ice-breaker activities.

Going beyond this, we can also say that sports is not just a toy but also a useful tool in the hands of humans.

We use sports for promoting healthy lifestyle. Especially sports like swimming, running etc.

A world renowned writer, Murakami in his book "What I talk when I talk about running." has beautifully depicted the benefits of running not only for health but also to improve one's cognitive skills and efficiency.

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Apart from these classic sports, nowadays new sports like watersport, adventure sports, online gaming, memory sports etc. have been developed by us.

As we move forward and praise sports, we shall also be cautious of another side of it. Sports using humans as a toy.

Yes, the emerging issues of addiction to online gaming, financial losses and suicides due to loosing money in online betting are real.

Even in the athletics and ground sports, the use of steroids and drugs to artificially enhance the sporting performance has become a big issue.

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Use of online gaming and addictive games to deciere youngesters of other country is also being seen as the geopoliti-cal weapon of the new age world.

So, we shall be cautions of these issues while delving into any such activities. +

Another issue we see today, especially in India, is the declining sports culture after a certain age, except for those who take it up as a career. Parents push children to study and study only while leaving behind any kind of sporting activity. I wonder, why a healthy sporting culture isn't being put forth

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as one of the solutions for the unfortunate suicides in kota.

Humanity has been using sports as a toy for generations now. Today we need to ~~re~~ reinstate it again where its declining while regulating it at the places where people are becoming toys in hands of sport.

Schemes like Khelo India, Fit India movement, Tops scheme, extra marks for sports achievement will go long way in inculcating sports as a culture in these age groups. On the other hand a regulatory effort will get desired results in case of addictive sports.

India is best positioned to harness its youth power. And a healthy sports

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culture will help us to maintain the health and strength of that youth. Our youth (most of them) are already eyeing in the right direction, be it the javeline throw of Neeraj Chopra or a beautiful smash by P.V. Sindhu. With the right encouragement from government, Society and family we can expect to rule the world of sports too, as Pragnanada is already doing!

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Problems of 21st century are problems co/o passport.

Space for Rough Work

Intro - COVID
Metoo

What are problems of 21st
- climate c.
- Health → COVID, obesity
- ~~Mental health~~
- ~~Intolerance~~ hatred, violence
- Economic problems
- political polarisation → deglobalization. (coups: myanmar, African)
- Geography disasters cyclone Eg. Afgan to IND.
- society → breakdown of familial relⁿ
  - Divorce rates, nuclear family empty bird syndrome.

Why w/o Passport →
- Globalisation, value transmission.
  - ↳ social media → more connected world
  - influence of TV series, Netflix etc.
- Climate → world is connected (Earth)
  - (eg) Oceans, Pak rains.
- Economic integration → global supply chains.
  - ↳ world market dollar

AI and jobless
- Corruption, ethical issues.
- Greed,
- Nature
- org → layoff
- Q-

writer-hollywood
Music

Any problems which are local → Few - (eg) Japan population decline.
~~Coup~~
Ind population ↑
Indigenous communities cultured

Forms change

How to solve them → Collective efforts - UNFCC, G20 + OECD → Financial
Ethical → spirituality meditation

Mental health
Culture.

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Sports the toys of Humanity

Space for Rough Work

Intro Carbonvs Pragnananda. Elephats. Neeraj chopra Javelin.

battles of Napoleonetc.

How we use Sports as atay

→ Leisure → relax, rejuvenate, refresh mind.

→ Value inculcation → sportsmanship, co-operation. teamspirit.
(eg) Dr. Driving

→ Toy helps make neo friends. → Same toys good friends
(es) Tom cat friend level too.

→ New Sports — water sport, adventure, onlinegaming,

→ Historical - Olympics Athens. Fencing as sport, swimming.

→ Health - Swim, run, triathlone - Iron man,
Murakami what I talk about running →

Sport using as toy

→ Online betting, dream11 etc. addiction.

→ Use of substances performee enhancer steroids.

→ Use of AI etc. to cheat

→ Toy as deception - other candy using it. addictive games.

Declining sports culture.

How can we better utilize sport

— Inculcation of culture through schools, parents cancelling, early talent search. Tops, Schemes in Parliament

Healthy citizenry is the biggest asset Churchil.