

खण्ड-A / Section-A

उम्मीदवारों को
इस भाग में
लिखना पना है।
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Q.1 If you look into someone's face long enough, eventually you feel that you are looking into yourself.
यदि आप किसी के चेहरे को काफी देर तक देखते हैं, तो अंततः आपको महसूस होता है कि आप अपने भीतर ही देख रहे हैं।

Q.2 We can easily forgive a child who is afraid of the dark; the real tragedy of life is when men are afraid of the light.
हम उस बच्चे को आसानी से क्षमा कर सकते हैं जो अंधेरे से डरता है; जीवन की वास्तविक त्रासदी तब होती है जब लोग रोशनी से डरते हैं।

Q.3 It is the province of knowledge to speak and it is the privilege of wisdom to listen.
बोलना ज्ञान का क्षेत्र है और श्रवण करना बुद्धि का विशेषाधिकार है।

✓ Q.4 Drop the question what tomorrow may bring, and count as profit every day that fate allows you.
यह प्रश्न छोड़ दें कि कल क्या हो सकता है, और हर उस दिन को लाभ के रूप में गिनें जो भाग्य आपको अनुमति देता है।

④. "DROP THE QUESTION WHAT TOMORROW MAY BRING,
AND COUNT AS PROFIT EVERY DAY THAT FATE
ALLOWS YOU."

The protagonist of the movie
"PEACEFUL WARRIORS" was a promising athlete
of the United States of America. He was
carrying the dreams of biting gold in
upcoming Olympics. But as the fate would
have him, he met with an accident
exactly an year before the D-Day and
broke his leg from seven places. Doctors

declared him 'permanently unfit' for any sports. This shattered his dreams and tomorrow seemed dark to him. The levels of frustration and anger kept increasing as he would see world around him running on feet. But again as the fate would had him, he met a coach and his life changed forever with these golden words :

"Count your blessings and name them one by one and it will surprise you what the lord has done?"

Now there was no stopping for this young promising man. He started living every moment : good , bad , painful , joyous everyday with equal enthusiasm. One year later, this magnificent man went on to win gold in Olympics and this is a TRUE STORY !. Thus, it is wise to drop the question "what tomorrow holds for us and be grateful for what present have for us."

Through the journey of this essay we shall dive deep to understand the need to drop the worry of tomorrow, the need to be grateful for whatever present have for us. we shall also see later in the

essay if it is always wise to not foresee future or sometimes we need to be visionary enough?

Dropping the worry of tomorrow

Carl Jung in one of the books says: "ghost of the past, dreamer of the future, conspires to destroy to me in front of myself." We let our terrible past blackmail our present and the desire for a successful tomorrow snatches away the very joy of present from us.

In search of happiness, material success, rewards of tomorrow we somewhere forget that happiness lies in

the journey. We tend to work hard, mindlessly and recklessly for building empires of tomorrow and forget to live in the moment. We tend to pass by the beauty of nature in order to reach office on time, ignore the happy smile on our parents' face due to the worry of tomorrow's exam.

Bhagavad Gita teaches us lessons of "NISHIKAMA KARMA" and "EQUANIMITY" that is to accept the present in a balanced way and keeping aside the fruits of tomorrow. Champion of Indian cricket MS Dhoni believes in "process" rather than "outcome" of games. If we enjoy the ups and downs of everyday as they are, it is an ultimate success.

It is said that "joy is the simplest form of gratitude". Finding joy in chat with family, walk with dog, cooking

for your favourite person and focusing on
improving each day gives a meaning to life.
Life is too short to keep worrying
about the ~~see~~ uncertain future, succumbing
to failures and to keep yielding to the
ever increasing greed of humankind.

Gabriel Garcia Marquez in his
book "Love in the time of cholera" emphasises
that life gives us chance to be happy
every day and we must not forget the
power of present in worrying about future.
Similarly in the movie: Life is Beautiful -
the father-son duo without worrying of
tomorrow in Nazi camp, keeps on cracking
jokes and living the grateful present.

Thus, "instead of calculating
and planning tomorrow we must plan
today, introspect, focus on improving ourselves.
Happiness Curriculum of Delhi government is
aligned with this idea.

Wisdom lies in balance

In this essay we have seen why not to worry about tomorrow and live in present. But is it really wise to wear a blindfold towards tomorrow?

Is it not foolish to not plan for tomorrow's bread and butter?

Is it wrong for governments to think of future policy?

Answer lies in Aristotle's GOLDEN

MEAN that is we need to strike a balance. Totally leaving tomorrow on its own is a foolish choice. Having a vision and plan is always the right choice for an individual, society and world.

Had the world not thought of tomorrow, United Nations wouldn't have been created and we would have witnessed destruction of the world¹². Similarly, if the

world community leaves climate change on its own, sixth mass extinction and an apocalypse is not far away. Only after working for future the concept of Sustainable Development came into existence.

If we leave European heatwaves, African droughts and Indian floods on its own, it will be akin to inviting destruction of the world.

If we see towards our country, India dreamt of a prosperous 'NEW INDIA' where billion dreams can flourish and have taken measures like Green Revolution, LPG reforms, Civil Nuclear Deal and very recent Pranch Pans.

Thus thinking is the capital, hard work is the solution in words of Dr APJ Abdul Kalam in his book IGNITED MINDS. Only the

power of imagination can make us
come out of our comfort zone and lead
an examined life. "Empires of tomorrow
are made in minds of today". Thus,
planning for a prosperous, sustainable and
inclusive future is the rational choice.

Now the question arises,
how to strike this golden mean? At
one extreme is to enjoy today as it is
and at the other extreme is the desire
to make a better tomorrow. As the old
age adage goes: "grass is greener on
the other side" but in my opinion
grass is greener where we water more.

Thus, we need to strive
to make our each day better by introspection,
focus and unwavering determination.
The sum of each day will ultimately
convert into in a prosperous and happy

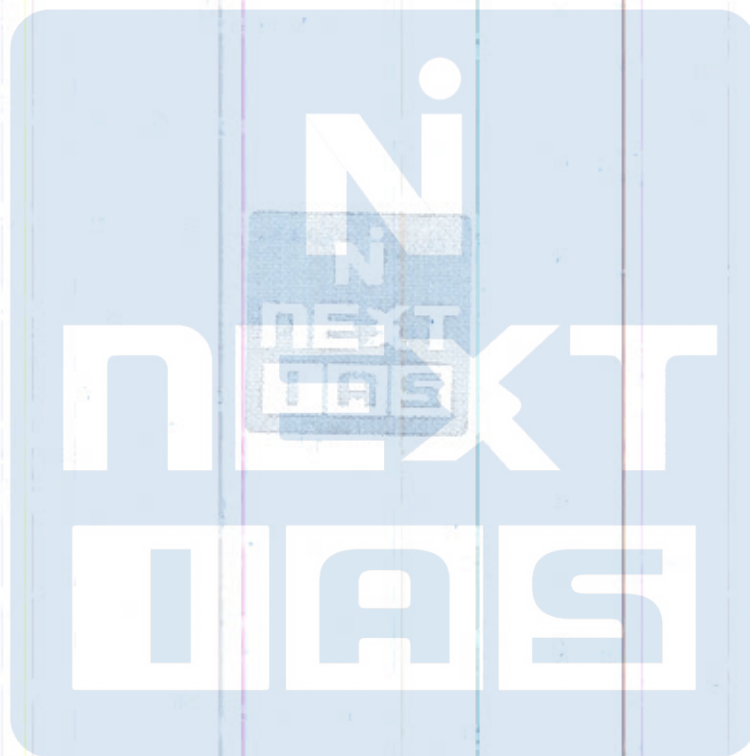
future as well. Helen Keller in her book "The story of my life" says :
 "life is a continuous adventure of falling and rising back like a phoenix."

Thus instead of overworrying, stressing and depressing our surroundings, we need to start making our present worth it and plan our tomorrow's wisely for a sustainable life ahead.

In the "9-5" time we need to find "5-9" amidst it. The protagonist of the movie that we talked about in the beginning was also indirectly getting ready for the gold in Olympics ^{by} ~~back~~ making his each moment golden.

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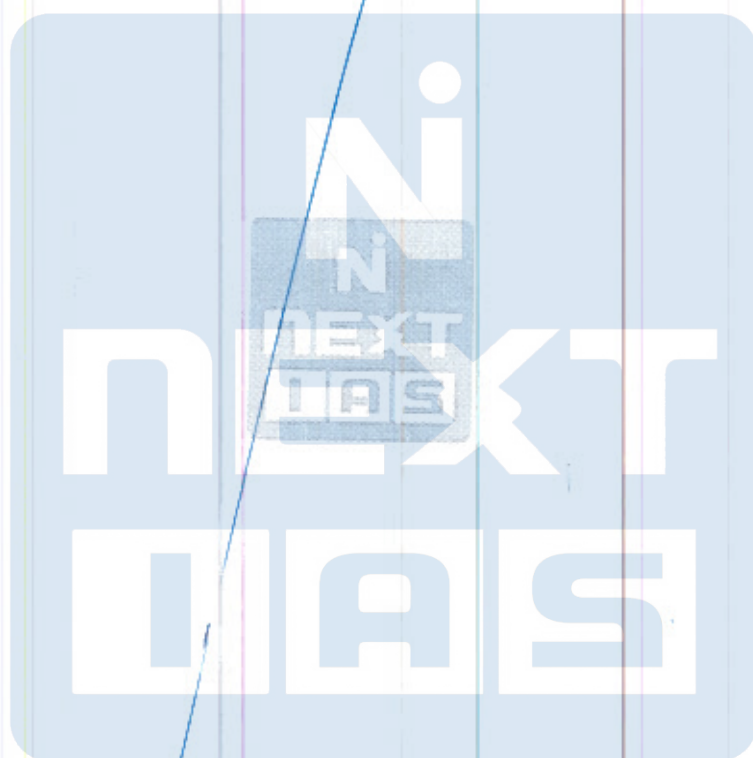
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NEXT IAS

खण्ड-B / Section-B

उम्मीदवारों को
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- Q.5 Truth, like a torch, the more it is shook, it shines.
सत्य, मशाल की तरह है, इसे जितना अधिक हिलाया जाता है, यह उतना ही चमकता है।
- Q.6 Art is I; science is We.
कला मैं है; विज्ञान हम है।
- Q.7 Only the dead have seen the end of the war.
केवल मृतकों ने ही युद्ध का अंत देखा है।
- Q.8 Act as if it were impossible to fail.
कार्य ऐसे करें जैसे कि विफल होना असंभव ही था।

⑧ ACT AS IF IT WERE IMPOSSIBLE TO FAIL

A nation surrounded by adversaries from all sides, amidst outrageous bloodshed is not bowing down. Yes, UKRAINE is an epitome of indomitable spirit in the world for past one year. In spite of nuclear threats, high end surveillance and verge of economic collapse, Ukraine is not kneeling down in front of the mightiest military of the world in Russia. It is truly acting as if it were impossible to fail.

History has been a witness of courageous men and women like Ashoka the Great and Rani Lakshmi Bai who stood firm in face of adversities and thrived inspite of hardships. The legacy continued during ^{Indian} freedom struggle and the unwavering spirit brought down the mightiest empire to the muds.

The question arises, why is it important to act in such a resolute manner? Well, "CAN DO SPIRIT, AND WILL DO APPROACH" helps in instilling faith in ourselves and others. It helps in keeping away the adversary. It also promotes courage in others. "It instills courage where there is fear, provides hope where there is despair." Moreover, positive attitude also helps in self fulfilling prophecy.

उम्मीदवारों को इस भाग में लिखना नहीं है।
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Now, we shall see through examples across time and space why and how to "act as if it were impossible to fail." It was the vision and compassion that led Gandhiji to lead the mass movement and defeat the British.

Similarly, the positive attitude and self-belief encouraged Dr. B.R. Ambedkar to tirelessly work for his community and ensure greatest constitution in the world which promotes justice, equality & fraternity. Thus, his "impossible to fail" attitude made him greatest man of all times.

It is said that "empires of tomorrow are created in minds of today."

Thus, the vision of Dr. A.P.J. Abdul Kalam, Dr. Satish Dhawan etc paved way for

Pokhran nuclear tests, Chandrayaan Mission, cryogenic engines etc. Had we succumbed to threat of great powers then, India wouldn't have seen its glorious days today when we are waiting for Chandrayaan-2 become successful.

Similarly during COVID-19 pandemic we chose to convert crisis into opportunity. Adverse situations give us only two options: first, to be bitter and second to be better. We chose for the world better option by creating vaccines, PPE kits, exporting grains etc. We were indeed impossible to fail.

Today India is reeling under two front war, cyber warfare, navalism etc but with our vision, unshakable spirit and united stand we are able to face the adversities in face.

Thomas. A. Edison ~~created~~
attempted around thousand times and only
then he succeeded to create a bulb.
Similarly years have gone in discovery
like electricity, gravitational waves which
have revolutionised the world. Had these
men and women failed, we would not
have come so far as a humankind.

There are times when
one needs to gather courage and act alone,
at other times whole community and
entire world needs to act in solidarity
to prevent failure. The triumph of
good over evil, light over darkness,
hope over despair needs indomitable will.

we need to fight in
solidarity against terrorism, climate change,
growing inequality, alienating individualism.
we must not succumb to failure and
rise from ashes like phoenix.

There will be difficult times, despair and hopelessness specially for vulnerable sections like women, LGBTQ, children, SC STs, disabled but we need to gather every ounce of courage and fight back.

" You may write me down in history
with your bitter twisted lies,
you may tread me in the very dirt,
but just like dust, I'll rise."

Thus, leaving no milestone unturned we need to keep walking forward, sometimes alone, at times together. It is fine to fall seven times but stand up eighth time. For instance the Korean War, is a testimony to "impossible to fail" attitude.

Till now, in the journey of this essay we have seen why and how to keep acting and fighting. Now

we shall see what if inspite of our thousand attempts, failure is in fate for us? what if we fail and fail miserably?

In this case it is important to understand that failure is not failure of life. It is just a learning.

Failure in a way is a blessing in disguise which gives us courage to accept and dedication to improve. It shows us our weaknesses, downsides and vulnerabilities. It is for the wise men and women to show dedication to improve upon these failures. chandrayaan-2 is a live example, how we improved from our first failure.

According to R. Tagore :

"Faith is the bird which sees the light and sings when dawn is still dark".

Thus, self-faith and belief must guide us

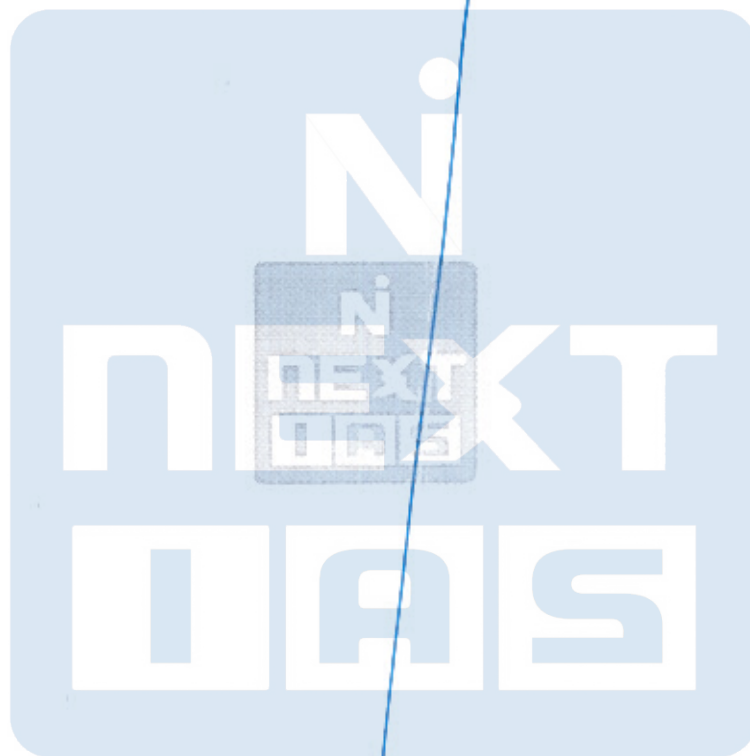
at all times in case we are experiencing lowest moments of our lives.

Buddha says: "what you think you become, what you feel you attract and you imagine, you create."

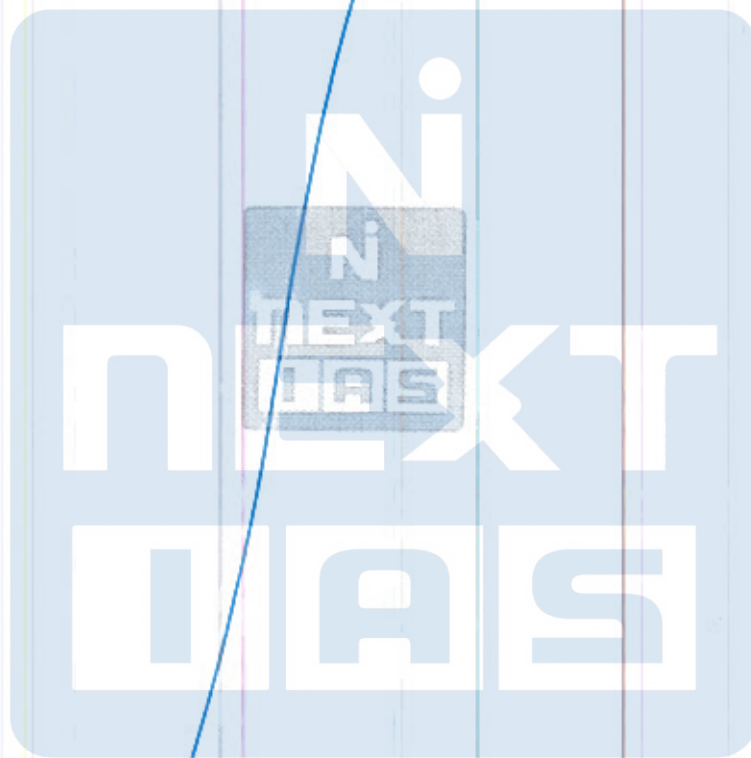
Keeping a positive attitude and vision helps in creating positive outcomes in mind which ultimately reflects in our choices and actions.

Thus, from our side we must strive for excellence, minute possible planning and inclusive vision. However, if we meet failure in the journey we must remember if Plan A fails, there are 25 more alphabets. The courage of Mandela, companionship of Teresa, dreams of Martin Luther and spirituality of Gandhi: all had tasted failure but they didn't fail to rise above it.

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