

खण्ड-A / Section-A

उम्मीदवारों को
इस भाग में
लिखना मना है।
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- Q.1 You can't serve data on a hungry man's plate.
आप किसी भूखे आदमी की थाली में डेटा नहीं परोस सकते।
- Q.2 AI is overcoming our mental limitation but not expanding our mental horizon.
ए.आई. मनुष्य की मानसिक सीमाओं को नियंत्रित रहा है, किंतु मानसिक क्षितिज का विस्तार नहीं कर रहा है।
- Q.3 We are using environment for politics, not politics for environment.
हम पर्यावरण का उपयोग राजनीति के लिए कर रहे हैं, न कि राजनीति का उपयोग पर्यावरण के लिए।
- Q.4 The worst form of inequality is to try to make unequal things equal.
असमानता का सबसे बुरा रूप है असमान को समान बनाने का प्रयास।

(3.) "WE ARE USING ENVIRONMENT FOR POLITICS, NOT POLITICS FOR ENVIRONMENT"

What is the most important
digit right now? Is it 0 or 1 or
something else? Well in my opinion
the most important digits right now are
7 yrs 255 days. It is blinking loud and
bright in the "climate clock" in New
York Times Square. It suggests that if
humanity doesn't take concrete measures

by next 7 yrs and 25 days our planet may lead towards catastrophe with point of no reversal!

Such is the grave concern, yet the world community is using environment for mere political gains and not utilising politics for environmental gains.

A few years back former USA President Ronald Trump referred to "climate change as hoax". In fact most of the world governments are in "climate denial" mode. Amazon rainforest is burning and still geo geological adventurism continues. Every year Amazon is being

deared as large as size of state of Maharashtra for economic and political gains.

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The most evident political utilisation of environment is seen every in UNFCCC summits. It has become merely a "talks show" between heads of developed versus developing nations.

The Green Climate Fund established a decade ago is yet to receive a single penny. Year after year, finance and technology transfer from developed to developing and most vulnerable countries remains an empty promise.

For political gains countries are shying away from Common But Differentiated Responsibilities (CBDR) and principle of

Loss and Damage (L&D). Carbon Trading market is yet another "greenwashing" by countries, economic firms and international institutions.

The most recent debate in our memories is over phase down - phase out of coal. It shows the neo-colonialism narrative put forward by developed world. global oil and gas emissions are 25%. more than global coal emission. Yet there is consensus on singling out poor man's fuel. This is a testimony to environment being used for political gains.

One of the most evident warfare on environment is coming in form of Arctic exploration for increasing global trade and routes. It is very

well known through Ipcc report on cryosphere that Arctic may melt completely by 2070 if things go with status quo.

Moreover, the political gains made by countries in name of environment is leading to climate injustice. For instance Europe has imposed Carbon Border Tax which discriminates against emerging economies like India, South Africa.

In addition to this, forced transition of economy towards low emission is obstructing development in least developed nations. Although 76% global emissions are made by just 4 nations, yet the climate crisis disproportionately hits the poor and vulnerable.

These countries suffer from dumping of pollutants and hazardous material extreme levels of air and ^{water} pollution leading to premature deaths, loss in productivity and loss to national development.

Similarly, other treaties and organisations like WTO are biased towards richer world. Undue restrictions on agricultural subsidies, Blue economy resources etc in name of environment, while richer countries continue to violate these principles. For instance, Times New Square uses as much electricity in one day as Zimbabwe in one year.

The reason for these hypocritical behavior lies in "narrow nationalism", instant gratification of

rising consumerism, vote bank politics
and lack of vision towards world as a
family. [Ban Ki Moon] says: climate
change respects no borders, it hits everyone
equally without caring for rich or
poor. Yet countries and citizens wishfully
stay in denial mode.

The consequences for can
be seen in the visuals where Tuvalu
PM gave his speech in mid of a sea,
symbolising rising sea levels and
existential crisis for island nations.
Indonesia is also planning to shift its
capital from Jakarta due to sea level rise

The consequences are so
grave that Amazon is burning, Europe is
experiencing fatal heatwaves, droughts continue

in whole of Africa, Pacific nations
are sinking, turbulent cyclones are
hitting Indian coasts and landslides
washing off Himalayas.

UN chief calls this
phase as global boiling and asks for
genuine global solidarity to avoid
global sinking. Thus we need to
quickly move away from "shallow
ecologism towards Deep Ecologism".

"Journey of a thousand miles starts
with a single step."

India is one country that has shown
to the world deep environmental connect
since ancient times. Our philosophy
of Advaita emphasis on oneness of
manushya and Prakriti. Our constructive

dependancy on nature has become world's best practice for instance sacred graves Kannur in Kerala.

India has given^{to} the world Jadav Payeng, the forest man of India who has grown a unique forest on barren lands in Assam. Similarly Gaurita Gulati received UN Award for her campaign # Glass Half Full in restaurants which helped save 10mn ltrs/year water.

Our updated Nationally Determined Contributions (NDCs) under Paris Agreement and Panchamit are aiming for net zero by 2070. Moreover, through policies like National Policy on Climate Change Adaptation, PM-KUSUM, clean urban mobility, Natural farming practices etc

we have achieved 43% renewable energy sources and reduced 21% emissions in economy.

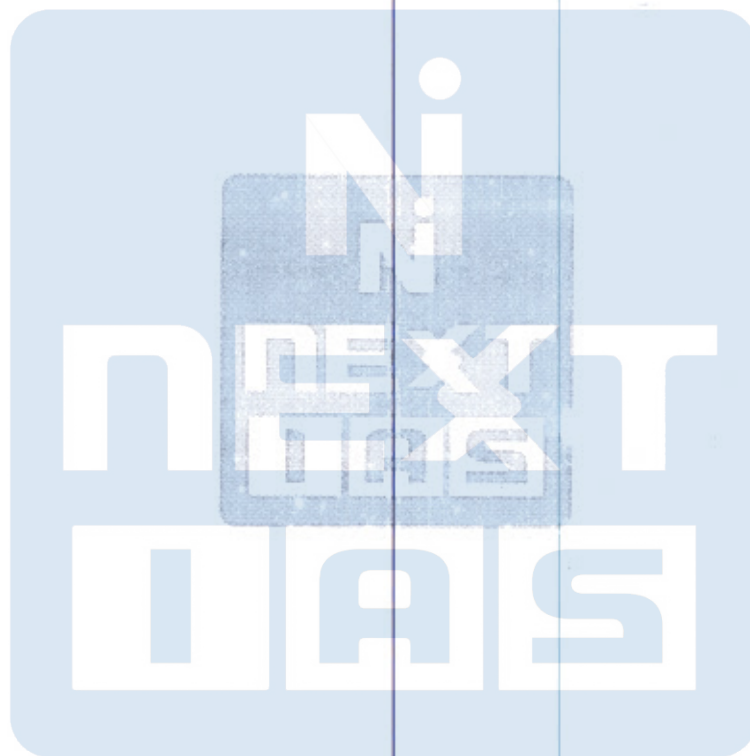
Moreover, India's brainchild One Sun One World One Grid, coalition for Disaster Resilient Infrastructure (CDRI), have forged global community under one family. (Vasudev Kumbhakam). Countries like USA and European Union have created forums like Just Energy Transition Partnership (JET-P), reentry of USA in Paris Agreement, success of Montreal Protocol (ozone layer depletion) etc shows that world can convert Turbulent times into transformative times. we need to remember "limits to needs" principle and life movement forged by

India which can transform individuals
towards biocivilisation principle, thus
making our earth a sustainable planet.

Through the journey of
this essay we have realised that
now is the time for "no ifs and buts";
climate change and environmental crisis
is real. It is the time to not
just talk but walk the talk, as
the climate clock is ticking loud and
7 yrs 255 days is all we have to save
our beautiful planet as there is no

Planet-B.

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खण्ड-B / Section-B

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- Q.5 Existence is a science, living is an art.
अस्तित्व एक विज्ञान है, जीना एक कला है।
- Q.6 If the truth shall kill them, let them die.
यदि सत्य से किसी की मृत्यु होती है, तो उन्हें मरने दो।
- Q.7 The only way to go beyond things, is to go through them.
हालातों से परे जाने का एकमात्र तरीका उनसे होकर गुजरना है।
- Q.8 Dream for the best. Be prepared for the worst. Enjoy life in between.
सर्वश्रेष्ठ के लिए सपना देखें। सबसे बुरे के लिए तैयार रहें। इसके बीच के जीवन का आनंद लें।

(5) "EXISTENCE IS A SCIENCE, LIVING IS AN ART"

A few months ago, a video was making rounds on social media. It was a 23 years young boy suffering from last stage of cancer, lying on death bed was beautifully singing and playing guitar. His idea of life brought joy and hope in other critically ill patients as well. Although he didn't survive as his body ceased to work but

he certainly lived his life artfully.
There's no doubt that existence is
determined by science but our quality of
life is very much in our own artful
hearts and minds.

In the journey of this
essay we shall see how existence depends
on science? living is what kind of an
art? why don't people live wholeheartedly?
and we will also see how to make
this life worth living?

EXISTENCE IS A SCIENCE

Existence refers to physical
presence and well being of body. It is
determined by our birth, our nutrition
levels at time of birth etc. Existence

depends on harmonious working of our complex body systems, interplay of various hormones and enzymes. and well being of all body parts.

When our universe inside ceases to operate, we stop to exist. Existence also depends upon external factors like environment, disasters, pandemics etc. for instance COVID-19 created a havoc worldwide and millions of bodies ceased to exist. They are all in our hearts and memories though.

Crucial factors like food, proper shelter, adequate clothes etc are required for long existence. for example: lack of basic survival needs in sahel region of Africa leads to million deaths every year.

Thus we have seen that largely
our existence is a science with the
interplay of external and internal factors.

This is "LIFE" but what is "LIVING"?
Well living is the phase between our
birth and death and certainly is an
art.

LIVING IS AN ART :

living is a harmonious
existence of mind, body and spirit. It
gives life a purpose and meaning.
Since ancient times, the cave men
artfully lived their lives by drawing
paintings in deep caves for instance
Bhimbetka. They didn't have control
over existence, food, bad weather but

they did have control over the present moment. Similarly, Indus valley civilisation evidences emphasises on the family life, child care, fashion consciousness etc which reflects the merry and joy in their lives.

Living is an art because not everyone is capable to live in the present, stay at peace and examine life. "The ghost of our past and do dreams of future conspire to destroy us in front of ourselves."

"Art of living" is an ancient Indian philosophy which focuses on balance of internal and external peace. Harmony with self, nature, surrounding amalgamates to joyous life.

Helen Keller in her book "Story of my life" says: life is nothing but a continuous adventure, thus rise and fall and again rise. Thus life might get hard at times but we must never let our enthusiasms down for the next day. For instance in the movie "Life is Beautiful" the father son duo shields each other from wrath of Nazi camp through humour.

Living life fully helps us to realise our full potential and capabilities. We start acting as if we were impossible to fail. For instance Arunima Sinha with her indomitable will submitted Nt. Everest inspite of her paralysed legs. This shows disability is not of our limbs but of our attitude and character.

The word "happy" will
lose significance if there isn't any
sadness. change is the only constant
and accepting these changes artfully
is life. When Dr. Stephen Hawking
was feeling alone and unworthy, he
picked up sitar and started enjoying
the music of life.

Moreover, when we live
life wholeheartedly we go on to build
best of human relations. We start to
find joy in service of others like
Baba Amte and Mother Teresa.

"Chhota Karke Dekhiye Jeevan Ka Vistaar
Aankho Bhar Aakash Hai, Muthhi Bhar
Samsaar."

[if we zoom out and see expanse of our
lives then we will find there's very
limited things we can have in this world]

OBSTACLES IN LIVING LIFE ARTFULLY

Life is a beautiful gift of god yet we tend to destroy it in front of us. Why? Well reasons are

many. Firstly, sometimes we are ungrateful and lost vision to see our ~~but~~ blessings. We forget to see our parents smile and have no time to listen to grandmas stories.

At other times we are too occupied in making our future that we forget to pay gratitude for the present. South Korea and Japan have

separate Ministries for Happiness as these countries are worst hit by insomnia, suicide and depressions. For

the want of desirable future, we

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go on to look past our beautiful present.

There is also a situation where at times we don't have enough resources, luxury of time and awareness about how to lead our lives. The miserable lives of women in Taliban, refugee crisis in Syria etc forces them to just survive and not live. For this the global community must unite and weed out the evils to bring worthy lives for all of humanity.

[Carl Jung] says "when we look outside, we dream. but when we look inside we awaken". Thus we need to stop living our lives on dictates and quotes of others rather 'it's time to examine our own lives (Socrates). For instance, Bhutan

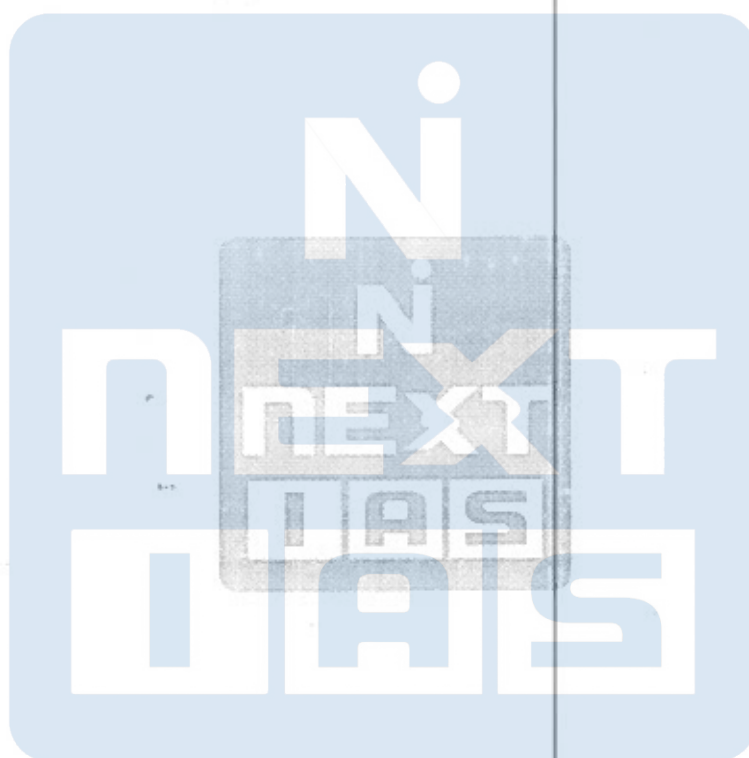
follows happiness model and not GDP data for accessing well being of country.

- In this essay we saw how existence is mere survive but living is much beyond it. We need to find joy in present, come at peace with us no matter what colour, size and shape we are and start to cherish changes in life.

" We only miss the light when it's
burning low, only miss the the
sun when it starts to snow,
and we only know we have been
high when we are feeling low..."

Thus living life artfully is to start acknowledging the universe within and outside and the changes in brings to us.

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