

Drop the questions what tomorrow will bring and count as profit everyday that fate allows you. ^{it}

A businessman was surprised to see a poor fisherman relaxing on the beach instead of fishing. When the businessman asked why he was not fishing, the fisherman replied that he had fished enough for the day. Surprised, the businessman told him that he ought to fish more, ~~and~~ earn more money, build a fortune and then he can retire and enjoy life. "Enjoy life?" replied the fisherman, "What do you think I am doing now!"

The above anecdote narrates the simple truth that Sometimes in life we need to live

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today instead of worrying about the uncertainty tomorrow. Before going further let us try to understand the scope of the essay.

'What tomorrow will bring' implies the future is not in our control and hence we shouldn't worry about it. 'Every day that fate allows you' implies being thankful for what life has bestowed upon us.

So, why should one not fret about tomorrow and instead celebrate today?

First, the meaning of life becomes apparent to us when we pause and think about the present. Our reflection on the present makes our heart, brain and

Soul still and we are able to discover greater truths. For example Buddha discovered the 8 fold path when he meditated deeply. This required him to reject from the calmness of the ~~movement~~ moment instead of focusing on the future.

Second, when we focus on today we learn thankfulness. We appreciate our fate and feel blessed for what we have. When we worry about tomorrow, our mind automatically starts to compare ourselves with others. For example Michael Phelps says it is important for him not to let his mind be diverted by competition of tomorrow and rather focus on victory of today.

Third, the future

is unpredictable. We may spend a lot of effort and energy planning for tomorrow, while that tomorrow may never come. Instead let us learn to utilize our energy to construct a better today. For example a business executive worrying about movement of stocks tomorrow will never enjoy the wealth he already has.

Fourth, worrying about tomorrow takes away the beauty of present. If we take out our umbrellas before it rains, we will never be able to enjoy the sunshine of today. For example when Keats wrote a thing of beauty is a joy for ever he implied that today's joy can be everlasting provided we don't spoil it with tomorrow's worry.

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Fifth, not worrying about future is a unique human ability. It is this ability that has created ~~out~~ the beauty of life like art, poetry and music. All these creations require mindfulness which in turn comes from living in present. For example when Da Vinci painted the last supper it required every single minute of his brain to focus on the present moment.

Sixth, an essential component of positive thinking is to try to profit from everyday that fate approach to us. A tough minded optimist doesn't worry about future, rather lives in the hope of present. For example Victor Frankl in 'Man's search for meaning' writes that people who were less afraid of the future

in Nazi camps were more likely to survive the appalling present.

Seventh, when we worry about the future, we turn life into a cat race in which every thing is the binary of either victory or defeat. But when we profit from the gift called today we realise losses and victories are just 2 experiences of life. As an example reflect on the complete

"Zindagi ki dooh mein bagh ke karna kyahai"
(What do we have to achieve from this cat race)
"Agar zindagi hai to to mara kya hai?"
"If this is living, then what exactly is dying?"

Eighth, the ability to focus and stay calm in present reveals the character of a person. For example on the night of 30 March 1931, Bhagat Singh wasn't worried about the next morning when he was to be hanged.

Rather he sat up the whole night,
reading his favourite book. He
~~counted~~^{used} every second of that
night as a gift that couldn't
be ruined by the morning of tomorrow.

So, why don't we
cross the bridge when we reach it?
What is stopping us from living
everyday to the fullest?

As Socrates would
say, this is because we have
been listening to sophists we have
taught us to seek happiness in
power and money. Since these
are limited in nature, they
are bound to lead us to worry
about tomorrow and not enjoy
today.

It is also because
by evolution has hardwired us to

Worried about the future as it was
an essential survival instinct. Without
it humans couldn't have survived
as a species.

Nevertheless, what
should we do to be happy in
the present and be hopeful for
the future?

We must start with
the past. Forgiveness for everyone
and everything in the past helps
us to get a fresh start. This
in turn lifts the baggage from our
present and we enjoy it as a gift.
We must also reconnect

with the essence of being a
human. For this we must enjoy
the little joys of life. For example
spending time with family, going
out with friends, visiting a neighbour,

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taking a walk in the ~~lush~~ ^{lush} green forest, praying etc are all holistic activities that teach us to just go with the flow.

However, now let us look at the antithesis. Sometimes we cannot drop the question of tomorrow. It is essential sometimes to spend our today building a better tomorrow. For example we cannot leave the front of climate change to tomorrow. or the question of regulating AI. In either case tomorrow will be too late.

To sum up we can say that we shouldn't worry about tomorrow rather live everyday as if it were a blessing.

It allows us to reflect on the real purpose of life and learn thankfulness for what

We have.

It makes us realize that future is not in our control and also helps ~~us~~ to appreciate the beauty of present.

Living in the moment is a unique human ability and shows that we are positively oriented towards the future.

It stops us from turning life into a mindless competition and also reveals the true nature of a person.

Let us conclude by reminding ourselves of the famous movie *Anand*. The lead character played by Rishi Kapoor is suffering from cancer and will not last more than 6 months. Yet he is not worried about the future. Rather he spends joy and happiness everywhere he goes. This is because he lives in the moment. And

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famously says

“Babumoshai, Zindagi hadi honi
chahiye, lambi Nahit”

(Dear friend! Life should be large, not
long)

And this will happen when we,
like him, 'Drop the question what
tomorrow will bring and count
as profit everyday that fate
allows us'.

Act as if it were impossible to fail

Have you heard the story of Roger Bannister? Till 1960s it was believed that it is impossible for a man to run more than a mile in a minute. The 'experts' said that human body parts like heart and lungs would collapse or explode under such exertion. Since every one believed the experts, no one really gave a full-hearted try. That, till the protagonist of our story ran like it was impossible for his body to fail. Bannister broke the minute-a-mile record and since then countless other people have. The above anecdote

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Shows the importance of acting with full faith towards our goal. Before going any further, let us try to understand the scope of the essay.

'Act' means to take steps towards our goal. This may not only be physical but also psychological. 'Impossible to fail' means we should focus all our energy on the goal instead of wasting it in worrying about the ~~poss~~ feasibility of the goal. It is said that according to the laws of physics Bumble Bee cannot fly. Its short wing span and massive body destined it to fail. But it doesn't know the laws of physics and keeps on flying!!

So why is it important to act as if it were impossible to fail?

First, When we act as if it is impossible to fail we see victory in our mind and then our body works tirelessly to achieve that vision. Whatever the mind can conceive, the man can achieve. For example the great boxer Muhammad Ali defeated Joe Frazer ~~at~~ ~~who~~ when no one expected Ali to win due to his advancing age. When asked about how he defeated Frazer, Ali replied "I had already defeated him 10 times in my mind."

Second, Our determined action becomes the base of innovation. Innovation leads to victory. For

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Example Steve Jobs revealed that when they started working on the iPhone they had only one vision - the phone was not going to fail. This vision motivated them through the tremendous engineering challenges and within years they had defeated the market giant Blackberry.

Third, when we act with Self belief we have a never say die attitude that leads us through thick and thin. For example B.R. Ambedkar acted with conviction. He knew he couldn't avoid to fail. Almost 3000 years of history called against him in the form of caste system. Yet he pushed through it as if it was impossible for him to fail.

Fourth, when we act as if it is impossible to

fail we aren't held back by self doubt. The energy of our body, mind and soul unite together to achieve the goal. For example in the famous movie 'Interstellar' an AI robot calculates that docking of a spacecraft was impossible. However the protagonist replies "It's not possible but it is necessary". He summons every bit of his experience, suspends his disbelief, becomes one with the machine and docks the craft.

Fifth, when we act like we are bound to work we tap on the human ability to grow, improve and change status quo. For example the coach of the famous American basketball team LA Lakers was sad when they lost a game. But then he said

we will act to grow so that it is impossible for anyone to defeat us. Within months LA Lakers was the best team.

Sixth, when we ~~act~~^{act} with determination we link our Survival to victory. Hence we act with all our strength, will power and sheer perseverance. For example the only way we can defeat climate change is when we act like it is impossible to fail in that this fight against climate change. Only this conviction will unite people in the fight.

Seventh, Psychologists reveal a quirk of human nature called Self sabotage or the desire to fail. When we act like it is impossible to fail, it

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shows that we aren't getting in our own way and we actually want to succeed. It shows that we have a 'come what may attitude' and we will find a way around our obstacles. For example Gandhi defeated a global empire because he didn't for a single moment doubt the ability of Indian people which would have caused subconscious self sabotage.

But, why don't we act like it is impossible to fail?

This may be due to several reasons. We may not have faith in our capabilities to achieve a goal. We may not really connect with the goal and hence ^{don't} feel motivated to move towards it. It may also be because we haven't summoned our strength and will to move for the goal.

~~And~~ This brings us to the next question, how can we act like it is impossible to fail?

To start with we must decide if we really want the goal and will it motivate us long enough. Next we should do an honest SWOT (strength, weakness, opportunity, threat) analysis of our abilities. This will ensure that our 'act' is also backed by scientific study of ourselves and the goal. Thus science and belief merging together will make it impossible for us to fail.

Further, we need to explore the areas where we should act like it is impossible to fail.

In modern world we have to act like it is impossible

to put on delivering justice - social, economic, political to people. This will ensure global peace and equality. We also need to act with determination on issues like sustainable development as our very future depends on it.

However now let us explore the anti-thesis. Sometimes we must act in a manner of precaution. ~~For~~ For our endeavours may fail. For example the theory of nuclear deterrence is based on the assumption that deterrence is not going to fail. Global powers are piling up nuclear based on the 'impossible to fail' doctrine. However if deterrence fails the world will see a global nuclear winter that may end life. Hence

Nations must not act in a manner of full faith in deterrence.

Similarly recently the CEO of Ocean Gate went to the bottom of ^{Atlantic} ~~Pacific~~ believing it was impossible for his submarine to fail. Unfortunately this reckless act caused him and his passengers to lose their lives. Tragically this happened next to Titanic wreckage - another ship that acted as if it was impossible for it to fail.

To summarise, the steps we take towards our goal must be sneaked, ~~and~~ determined and robust.

This allows us to focus whole heartedly on the vision in our head and innovate our way around obstacles.

It also pushes us to suspend our self belief and avoid any tendencies of self sabotage.

We can focus all our energies on our goal, and not waste energy on thoughts of failure and engage our uniquely human ability to ~~old~~ grow and outgrow.

To act like it is impossible to fail we must act with faith in our abilities ~~and~~ combined with a critical study of our strengths and weaknesses. Modern challenges from climate change to social justice can be solved by such determined action.

As a parting story let us look at the life of famous motivational speaker Les Brown. He was born in a

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disadvantaged black family. He had all impediments in life from low education, bad health and strained income.

Yet he says his mantra always was "It's possible" and it is this self belief and ~~never say~~ 'I-am-not-going-to-fail' attitude that has made him the most watched motivational speaker on YouTube.